



**A** dopt A British Squaddie is a group set up to support UK Service Personnel on deployment. Members of the public send out letters and parcels to an 'adopted' serviceman/woman, this lasts for your tour.

If you are a member of the forces out in Afghanistan or on your way out there or indeed are at any B.F.P.O. address please visit [www.adoptabritishsquaddie.org](http://www.adoptabritishsquaddie.org) or scan the QR Code and register at the Service Personnel Registration Page. Also visit the site if you would like to be sent some welfare parcels for your troop/platoon/section.

**Thank you from the British Public. Stay safe and come home soon..**

.. AaBS are registered as a delivery partner with the MOD

